

SASKATCHEWAN INCOME SUPPORT PROGRAM

CALL CENTRE: 1-866-221-5200

Saskatoon office: 160 2nd. Avenue S. | 306-933-5960

SHELTERS

STC Emergency Wellness Centre

145 First Avenue N. | 306-249-5416

Men, women, children

Free; first come, first serve

The Lighthouse

304 2nd Avenue S. | 306-653-0518

Men, women

Funding is required

Salvation Army

339 Avenue C S. | 306-244-6280

Funding is required

YWCA

510 25th St. E. | 306-244-0944

Women & children

First come, first serve

Misasowin Youth Shelter (ages 16-25)

602 20th St. W. (White Buffalo Youth Lodge)

Open 10 pm to 8 am

First come, first serve

ADDICTION

- **Mental Health and Addiction Services**

306-655-7777

- **Brief and Social Detox**

306-655-4195

201 Avenue O S.

COUNSELLING

- **Rapid Access Counselling Catholic Family Services**

506 25th St. E. Suite 200

306-244-7773

- **Rapid Access Counselling Family Service Saskatoon**

506 25th St. E. Suite 102

306-244-0127

- **Saskatoon Assault & Information Centre**

506 25th St. E. Suite 200

306-244-2224

OUTREACH SERVICES

Saweyihototan Outreach

Phone: 306-380-0835 or 306-381-4917

Hours: Monday–Friday 9 am to 12 am

Saturday–Sunday 4 pm–12 am

Saskatoon Public Library Outreach

Phone: 306-657-8556 or 306-657-8788

In-person @ Frances Morrison Central Library | 311 23rd St. E

Hours: M, W, F 10 am - 12 pm; 2 pm - 5 pm | Th 10 am - 2 pm; 2 pm - 5 pm

In-person @ Dr. Freda Ahenakew

Library | 219 Avenue K S.

Hours: M, W, F 12 pm - 4pm; T 10 am – 12 pm, 2 pm - 5 pm

CUMFI Mobile Housing and Community Resource Centre

Phone: 306-514-8874

DOMESTIC VIOLENCE SHELTERS

Saskatoon Interval House

Free; based on availability

306-244-0185

Toll free 1-888-338-0880

Battlefords Interval House

1-306-445-2742

North East Outreach and Support Services Melfort

1-306-752-9464

Additional Resources:

Family Service Saskatoon - domestic violence support and programming
306-244-7773

Provincial Association of Transition Houses and Services of

Saskatchewan www.pathssk.org

CRISIS RESOURCES

SASKATOON MOBILE CRISIS | 306-933-6200 | 24/7

211 SASKATCHEWAN | SK.211.CA | DIAL 211 FROM ANY PHONE
| TEXT “HELLO” TO 211

HEALTHLINE 811 | DIAL 811 FROM ANY PHONE

24 HOUR CRISIS AND ABUSE LINE – 1-800-214-7083

FIRST NATION AND INUIT HELP FOR WELLNESS LINE | 1-855-242-3310

**For after-hours/weekend support
for funding call Salvation Army at:**

306-244-6833