

Saskatoon Community Resources

FOOD SERVICES (ALL AGES)

Prairie Harm Reduction

306.242.5005 / 1516 20th St W
Drop in & coffee: 24/7
Supper: 6 pm

Bridge on 20th

306.382.2855 / 1008 20th St W
Breakfast: Mon / 8:30 am – 10 am
Tues – Fri / 8:15 am – 10 am
Coffee & Snack:
Mon-Fri / 10 – 11:30 am
Lunch: Mon – Fri / 12 – 2 pm

Friendship Inn

306.242.5122 / 619 20th St W
Breakfast: 8 – 9:30 am (*doors open at 7 for coffee/warm up*)
Lunch: 11:30 am – 1:30 pm
** available daily/365*

OUTSaskatoon

306.665.1224 / 213 Ave C S
Drop in coffee:
Mon-Fri / 10 am – 12:30 pm &
1 pm – 4 pm

Salvation Army (Crossroads)

306.242.6833 / 339 Ave C S
\$2 Supper:
Mon – Fri / 4:45 pm – 5:30 pm
**Food hampers available daily after 5 pm for those on social assistance and all day Sat & Sun.*

Saskatoon Indian Metis Friendship Centre

306.244.0174 / 168 Wall St
Breakfast:
Mon – Fri / 10 am – 12 pm
Supper:
Mon - Fri / 2:30 pm – 4:30 pm

Saskatoon Food Bank

306.664.6565 / 202 Ave C S
Emergency food basket pick-up:
Mon – Thu / 8:30 am – 11:45 am &
12:30 pm – 3 pm
Fri / 8:30 am – 11:45 am

Meadowgreen House for All Nations

306.715.1827 / 501 C & D Ave W S
Coffee & Snacks:
Mon – Fri / 9:30 am – 4 pm

SWITCH (Westside Community Clinic)

306.956.2518 / 1528 20th St W
Free bagged meal:
Mon & Wed / 6:30 pm – 7:30 pm
Sat / 1:30 pm – 2:30 pm

Crocus Co-op

306.477.2960 / 135 Ave B S
\$5.00 meal for sale
Lunch:
Mon – Fri / 11:30 am – 4 pm
**must be a member / membership is \$1.*
Coffee:
Fri / 9 am – 4 pm (*open to public*)

College Park Covenant Church

306.374.1713 / 909 Acadia Dr
Food boxes - call for more info.

Saskatoon Native Circle Ministry

306.244.5231 / 450 20th St W
Snacks & Coffee: Mon – Fri / 12 pm – 3:30 pm & Wed / 1 pm – 3:30 pm
Hot Lunch: Fri / 2:45 pm

YOUTH ONLY FOOD SERVICES

EGADZ

306.931.6644 / 485 1st Ave N
Supper: Mon – Sat / 5 pm – 6 pm
**youth 12-19 years only*

INFANT NEEDS

EGADZ

306.931.6644 / 485 1st Ave N
Emergency baby food, formula, diapers.

Friendship Inn

306.242.5122 / 619 20th St W
Emergency baby food, formula, wipes.

TRANSPORTATION

Lighthouse Mobile Outreach

306.653.0538 / 304 2nd Ave S
10:30 am – 9:30 pm daily

STC Saweyihtotan Mobile Outreach

306.380.0835 / 306.381.4917
Mon – Fri:
9 am – 5 pm & 5:15 pm – 1 am
Sat – Sun: 5 pm – 1 am
**runs 24/7 during -30 or colder*

EGADZ Transport

306.221.3719
Mon – Fri / 9 am – 12 am
Saturday / 4 pm – 12 am

HEALTH/MEDICAL

Health Bus

306.380.1000
Daily / 1 pm – 5 pm
Call for more information.

White Buffalo Youth Lodge

306.653.7676 / 602 20th St W
Mon – Fri / 9 am – 4:30 pm
**Call for appointment with Nurse Practitioner.*

NEEDLE EXCHANGE

STC Health Centre

306.956.0340 / 1514 20th St W
Mon – Fri / 9 am – 5 pm
Sat & Sun / 12 pm – 5 pm

SHA Sexual Health Clinic

306.655.4642 / 101-310 Idylwyld Dr N
Mon – Fri / 10 am – 4 pm
Wed & Thurs / 10 am – 6 pm

Saskatoon Public Library Outreach Workers

Michelle / 306.657.8556

Amelia / 306.657.8768

outreach@saskatoonlibrary.ca



Saskatoon Community Resources

CLOTHING

The Bridge on 20th
306.382.2855 / 1008 20th St W
Mon – Fri / 10 am – 11:15 am
Free clothing by donation

Lighthouse
306.653.0538 / 304 2nd Ave S
Free clothing by donation

Meadowgreen House for All Nations
306.715.1827 / 501 C & D Ave W S
Mon – Fri / 9:30 am – 4 pm
Free clothing by donation

Catholic Women's League
306.242.5042 / 619 20th St W
Tue – Fri / 12:30 pm – 3 pm
Sat / 9:30 am – 12:30 pm
Clothing available for a small fee.

PERSONAL HYGIENE

Friendship Inn
306.242.5122 / 619 20th St W
Free toiletries

Lighthouse
306.653.0538 / 304 2nd Ave S
Free toiletries

The Bridge on 20th
306.382.2855 / 1108 20th St W
Free toiletries
**Offers free haircuts once a month (dates/times always different, call for more info.)*

SHOWERS

The Bridge on 20th
306.382.2855 / 1108 20th St W
Mon – Fri / 8:30 am – 11 am & 12 pm – 1:30 pm

LAUNDRY

Saskatoon Native Circle Ministry
306.244.5231 / 450 20th St W
Mon – Fri / 12 pm – 2 pm
Wed / 1 pm – 2 pm

EMERGENCY SHELTERS

Salvation Army
306.244.6280 / 339 Ave C S
**for men*

Lighthouse
306.653.0538 / 304 2nd Ave S
**all adults*

YWCA
306.244.2844 / 510 25TH St E
**for women, children and youth*

Haven Kids' House
306.242.2433 / 1020 Victoria Ave
**for children 12 and under*

STC Wellness Centre
306.249.5426 / 415 Fairmont Dr
**open to everyone*

DOMESTIC VIOLENCE

Family Services Saskatoon
306.244.0127 / 506 25th St E
Crisis line, advice and support groups available by calling in.

Interval House (Hotline)
1.888.338.0880

YWCA (Hotline)
306.244.2844

SEXUAL ASSAULT CRISIS LINE – 306.244.2224

DETOX CENTRES

Brief and Social Detox
306.655.4195 / 201 Ave O S
Detox unit with medical support
**Operating at half capacity to meet social distancing needs*

Lighthouse
306.653.0538 / 304 2nd Ave S
Stabilization Unit

MENTAL HEALTH

Family Services Saskatoon
306.244.0127 / 506 25 St E
**Free drop in counselling offered.*

Catholic Family Services Saskatoon
306.244.7773 / 200-506 25 St E
**Free drop in counselling offered.*

Community Adult Mental Health Services
306.655.7777 / 4th Floor - 715 Queen St

OUT Saskatoon
306.665.1224 / 213 Avenue C S
**peer support and counselling services for members of the LGBTQ2S+ community*

SUICIDE INTERVENTION MENTAL HEALTH CRISIS

Saskatoon Crisis Intervention Service
306.933.6200 / 313 Ontario Ave

Trans Life Line
1.877.330.6366

EMERGENCY AFTER HOURS SERVICES (After 5pm & Weekends)

Mobile Crisis / 306.933.6200 – child protection, income assistance, mental health concerns

Community Support Officers / 306.382.6935 – can make referrals, assist patrons with accessing services

Salvation Army / 306.244.6280 – emergency placement for families and funding for emergency shelters (during day hours call **Social Services Income Assistance / 306.933.5960 or 1-866-221-5200**)

STC Saweyihtotan Mobile Outreach / 306.380.0835 or 306.381.4917 – will meet at current location to provide support

